



# centacare fraser coast

Community Support Services

ABN 35 020 644 975

## Preventing Homelessness Early Intervention Program

- Newsletter No.4. - 2008

Centacare Fraser Coast - Preventing Homelessness Early Intervention: Offers-

- Support that enables people to remain in their current accommodation
- Support that encourages people to work together, and provide opportunities to participate in planning towards achieving sustainable accommodation
- Information about community support services relevant to their needs

Contact: 07 41940172 and ask to speak to either Janna or Lorraine

### A word from Janna

*As always it has been interesting over the past month, not aided by the dreaded end of financial year stuff. It has again been challenging, however we haven't been as busy during the month of June. Overall though the past 12 months have provided support to 74 families and individuals, with currently still around 26 families being supported. One of the ways we deliver our service is not placing a time limit on our service for families; it will take as long as it takes, in order to support people to be able to put in place strategies to manage better in the long term.*

*With the housing shortage and rental affordability still a huge issue, the more coping strategies we can assist people to put in place, the greater the long term benefit for families will be.*

### Janna

PS: If you have some time to spare, have you considered Volunteering, it's a great way to give back to the community as well as learning new skills.

### Did You Know That.....

Back in May of 1994 volunteers from the St Paul's Anglican church and St Mary's Catholic Church joined forces to provide a Soup Kitchen night (free soup & sandwich/roll) and a free Wednesday Breakfast to community members in need. The community service has been supported over the many years by a number of community business and individuals. For example, Brumby's Hot Bread Bakery have been supporting the project from it's inception with generous donations of bread rolls and/or bread to accompany the home made soup that has been so lovingly made by volunteers.

That is an amazing amount of love and support ... the Maryborough Community has generated year after year....'Hats off' to the many wonderful folk who have been a part of this great community care service.....and believe it or not there are many other similar stories that can be shared about the wonderful people of Maryborough giving generously to people in need in the community.

In 1987 in another great city in Queensland.....

Fr Paul Costello introduced a service called 'Rosies' to Queensland as an outreach to the year twelve students who were flocking to the Gold Coast for the Schoolies Week festival. It was during this time that Fr Paul and volunteers came into contact with the many permanently homeless people in the community.

To respond to the needs of the homeless, Fr Paul was inspired by St Eugene de Mazenod's famous motto, "Leave nothing undared" and began a new branch of outreach.

In 1988, a full-time team was established to minister by way of tea, coffee and a listening ear to the gold Coast's homeless community. Now Rosies also ministers in Brisbane, the Sunshine Coast and Cairns. - resourced from Oblate Youth Australia

How wonderful are volunteers????? Where would our communities be without them?

...Read about some of Wide Bays great Rental Property Managers in our next issue.

**Question: Do we have homeless people living on the streets in Hervey Bay?**

*We would really like to gather some statistics on this. If you can help in any way with information, please give us a call, without statistics to present to the powers that be, nothing will change.*

**Did you know that Australia is the only democracy in the world without a human rights act or similar?** Past research by Amnesty International has found that more than 60% of people surveyed incorrectly thought that Australia already had a Charter or Bill of Rights in place. Why a Human Rights Act? A human rights act is needed to provide an Australian framework by which our society can more transparently and consistently protect and promote fundamental human rights such as: equality, dignity, freedom, tolerance, work and quality of living. Several state governments have commissioned public consultations on whether rights should be protected by state human rights acts. The ACT and Victoria have already enacted human rights legislation and Tasmania and WA commissioned inquiries which both reported overwhelming support for such legislation. If you want to have your say of what you would like to see included in a Bill of Rights, go to:

[www.humanrightsact.com.au](http://www.humanrightsact.com.au) the site has a lot of interesting reading. The introduction of such a Charter or Bill will certainly represent a significant change for our system of law and government!

Janna,

(Includes information from the website)



News and Media Releases

**China earthquake:  
3.3 million tents  
needed for the  
homeless**

Telegraph.co.uk June 27 2008

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**300,000 homeless in  
India.**

BHUBANESWAR, India - Indian soldiers evacuated thousands of stranded people from submerged villages on Wednesday, as floods triggered by heavy monsoon rains swept across the country's east and northeast.

More than 300,000 people have lost their homes so far, and are scattered between camps, highways and makeshift shelters on higher ground.

Reuters - June 19 2008

CathNews resource: PM's Speech on Homelessness in Australia

Homelessness is a "national obscenity" and it would be a disgrace if Australia failed to act on the issue, Prime Minister Kevin Rudd said in a speech yesterday.

Adelaide Now reports with over 100,000 Australians homeless every night, including 10,000 children under 12, Mr Rudd said "we can and must do better on this."

Mr Rudd released a Green Paper on homelessness and called for "bold new ideas" from interested groups, business and the wider community.

A committee, chaired by the executive director of the Anglican welfare group Brotherhood of St Laurence, Tony Nicholson, will use those hearings and submissions to prepare a white paper for the Government by August.

*On the Lighter Side –  
Frogs have it easy. They can eat what bugs them.  
A good scapegoat is nearly as welcome as a solution to the problem*

*If you have any items you would like to publish in the newsletter, please let us know, we would love to hear from you.*

**Budget Ideas**

**Busy Day Chicken**

Ingredients:

1. Cooked BBQ chicken (meat removed and cut into cubes)
2. Cups of veges. (use any variety of vegetables of your choice - If using frozen type, the cooking time is less)
3. 440g Can Cream of Chicken Soup
4. 1/2 cup of cream or mayonnaise or yoghurt
5. 1 teaspoon Curry paste or powder
6. 1/2 Cup grated cheese
7. Breadcrumbs
8. Butter

Method:

Preheat oven to 190 C.

1. Place vegetables and chicken into well-greased flan dish.
2. Combine soup, curry powder and mayonnaise/cream or yoghurt and pour over chicken and vegetables.
3. Sprinkle with grated cheese and then a thin layer of breadcrumbs.
4. Dot with butter and cook in oven, un-covered for approx. 3/4 hour @ 190C.
5. Serve with rice.

**Cleaning hints: freshen your carpets with 3/4 cup baking soda mixed with 2 tablespoons of cornstarch, sprinkle on and leave for 15 minutes, then vacuum. Reports are that this mix also helps get rid of fleas!**

Centacare Fraser Coast  
Preventing Homelessness  
Early Intervention Program  
P.O.Box 1840  
Hervey Bay 4655



Quotable Quote

Informed decision-making comes from a long tradition of guessing and then blaming others for inadequate results

Scott Adams

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